



BLESSED SACRAMENT PARISH



305 Laurentian Drive, Kitchener, Ontario N2E 2N6 519-742-5061 FAX: 519-742-0982

www . blessed – sacrament . ca

SUNDAY MASSES: Saturday – 5:00 p.m. (Ayr) 7:00 p.m. (Kitchener) Sunday 8:15 a.m. – 10:00 a.m. – 11:45 a.m.

PARISH STAFF

Rev. Larry Parent - Pastor

pastor@blessed-sacrament.ca

Rev. Paul Jamroz - Associate Pastor

associatepastor@blessed-sacrament.ca

Rev. Mr. Neil Devereaux - Deacon

deacon@blessed-sacrament.ca

Keri Smith - Office Administrator

(Hours: 8:30 a.m. – 4:00 p.m. Mon. Tues. Thurs. Fri.)

office@blessed-sacrament.ca

Doreen Yarascavitch - Bookkeeper (Wednesday only)

David Hall (741-0067) - Minister of Music

music@blessed-sacrament.ca

Shannon Smith - Junior Choir

juniorchoir@blessed-sacrament.ca

Marilyn Koehler - Pastoral Minister/School Liaison

schools@blessed-sacrament.ca

Sandra Scarfone - Sacristan

sacristan_blessedsacrament@yahoo.ca

Theresa St. Peter - St. Brigid Mission Parish Liaison

519-632-8875

PASTORAL CARE (SICK/ELDERLY):

If you know someone who is sick, please call the church office

ST. VINCENT DE PAUL SOCIETY:

Church door collection on the last Sunday of each month.

CATHOLIC WOMEN'S LEAGUE:

Judy Knight – 519-894-5599

LEGION OF MARY:

Anna Gravesande – 226-749-0727

PARISH VISITATION MINISTRY:

Connie Voll – 226-988-4181

PRAYER SHAWL MINISTRY:

Alannah LeJeune - 519-500-4534

PASTORAL CARE/ NURSING HOMES:

Lucille Gaskin – 519-743-6828

SACRAMENT OF PENANCE:

Saturday – 11:00 a.m.

EUCCHARISTIC ADORATION:

1st Friday of the month.

BLESSING OF EXPECTANT PARENTS:

First Sunday of the month

SACRAMENT OF BAPTISM:

Please call the office for a meeting.

SACRAMENT OF MARRIAGE:

Please call the office for a meeting.



Weekly Gospel Reflection - (Lk 6: 20-26)

Jesus says, “Blessed are you who are poor, ... hungry, ... weeping, ... defamed.” We wonder what blessing is that of being poor or being hungry or being afflicted?

Roy Campanella, a great baseball player, when he was paralyzed and in a wheelchair because of an automobile accident he found strength in the following:

“... I asked for health that I might do great things.

I was given infirmity, that I might do better things. ...

I asked for all things that I might enjoy life.

I was given life, that I might enjoy all things. ...

Almost despite myself, my unspoken words were answered. ...

I am, among people, most richly blessed.”

Fr. Paul Jamroz

6th SUNDAY IN ORDINARY TIME

ANNOUNCED MASSES FOR WEEK OF February 18, 2019

Monday 7:00 p.m. †Antonio Perria - Family
Tuesday 9:00 a.m. †Mae Runstedler – Voll Family
Wednesday 9:00 a.m. †Joseph Dao & Anna Pham
- Family
Thursday 9:00 a.m. †Ana Krajac – Dora & Ivan Svazic
Friday 9:00 a.m.
†Louie Debus – Vesna Debus
†Bill, Jean & Sr. Irene Bogue – Yvonne Kowalchuk
†Sharon Elizabeth Smith – Norm & Pat Damaren
†Graham Weber – Grads of 1956
†Shirley Ann Flesher – Sharon & James Dreher
Saturday Ayr 5:00 p.m. For the People
7:00 p.m. †Ida Philp – Susan & Jim Philp
Sunday 8:15 a.m. †Patricia Pearce – Alannah &
Gerry LeJeune
10:00 a.m. †Norma DaCosta – Members of
SVDP
11:45 a.m. †David Pinheiro – Antony Pinheiro
& Family

Blessed Sacrament Church

February 10 – Offertory \$ 7, 361.05

St. Brigid, Ayr

February 9 – Offertory – 635.00

EVENTS FOR THE WEEK

Monday – Office is closed for Family Day

Build and Organ with David Hall 1:30 p.m.

Mass 7:00 p.m.

Tuesday

Bible Study - 9:40 am & 7:00 pm

Confirmation 4:00 p.m.

Scouts Event 7:00 p.m.

Wednesday

RCIC 6:30 p.m. Sun. Celebration Rm

RCIA 7:30 p.m. Parish Centre

Thursday

Legion of Mary 7:00 p.m. Board Rm

Friday

Mass & Workshop with Fr. Paul

Saturday

Ministry to Men 7:00a.m. Music Rm

Sunday

Baptism 1:30 p.m.

A GREAT FAMILY DAY AFTERNOON ACTIVITY AT THE CHURCH

Monday February 18 starting at 1:30pm and going until 4pm

A kit to build a small-scale organ will be here at Blessed Sacrament Church for us to put together and learn some things about organs in general and the one in our church in particular. Designed for groups of children to do but fun for curious people of any age. Information from David Hall and website OrgelkidsCan.ca

MERCY VERSUS JUSTICE WORKSHOP ON THE GOSPEL OF LUKE

Friday February 22, 2019

Facilitated by Father Paul Jamroz,

Confession at 6:00 p.m.,

Mass at 6:30 p.m.,

Workshop/Refreshments to follow
in Parish Centre.

Hosted by Legion of Mary.



VOLUNTEERS NEEDED

Holy Communion to the Nursing Homes:

We have two retirement communities in the parish, Winston Park and The Westmount. Every Sunday, at about 9:30 a.m., teams of parishioners go to these nursing homes, to bring Holy Communion and to visit the residents. MORE VOLUNTEERS ARE NEEDED for this important ministry of compassion. You do not necessarily have to already be a Eucharistic Minister in order to become involved. For further information, please call the office.

NEW EVANGELIZATION SUMMIT

Registration to attend this year's New Evangelization Summit on Saturday May 4 is now open. This conference, which will be held in Ottawa and streamed live to Blessed Sacrament, is intended to inspire and encourage us in growing in our Catholic faith. This year attendance is free however, seating is limited. If you would like to attend you must register at www.newevangelization.ca

BLESSED SACRAMENT MINISTRY TO MEN

Living as a Christian man in a world hostile to traditional family values is difficult! Our goal is to equip men for the challenges faced on a day-to-day basis. Studies show that this is best accomplished in the company of other like-minded men through learning, discussion & support. Over the next few

months, we will be using the Crossing the Goals EWTN Series to explore various topics of interest to men. We meet on **Saturday mornings at 7am in the church music room.** Come and check us out or for further information contact Roy Smith at 519-656-3291 or Ian Mendes at 519-893-1180.

2018 INCOME TAX RECEIPTS

For those who used envelopes in 2018, your receipts have been prepared and are available for pickup in the lobby. Your St. Vincent de Paul receipt is included also. If you are having trouble finding your receipt please call the office.

CATHOLIC WOMEN'S LEAGUE Congratulations to our 2 winners!!

Congratulations to Arlene Smith and Carlos Pena for winning the Valentine Prize Baskets. If you have not picked up your winnings please contact the office. Due to the weather, the CWL cancelled the Card Party last week; they will not be rescheduling this event.

Please mark on your calendar Wednesday, March 27 for the Lent Retreat. Info to follow

ENTRUST YOURSELF TO GOD'S MERCY!

During Lent Blessed Sacrament Parish is offering 33 Days to Merciful Love a group retreat in preparation for consecration to Divine Mercy. This 6-week DVD program by Fr. Michael Gaitley starts on March 21st to April 25th Thursday afternoons 1pm – 3pm. in the Board Room, Register early. Contact Yvonne 519-570-9029

THE HEALTH EQUATION 8 WEEK BOOTCAMP

Get moving, get fit and feel great!

- Fun varied and exciting classes
- Improve energy and vitality
- Build strength and endurance
- Lose weight and tone up

For ALL fitness levels!!! Classes starting Monday, February 25th, 2019 in the Parish Centre. 1, 2 or 3 sessions available per week. For more information:

Call or text Andrea (905)805-7811 or Jamie (226)808-6010 or email thehealthequation@hotmail.com

DEFENDING THE FAITH CONFERENCE (ADULT)

July 26-28, 2019 Steubenville, Ohio. Join parishioners of Blessed Sacrament and others this summer to receive a deeper understanding of our Catholic Church teachings and experience a greater sense of confidence in our faith. Bus arrangements

have been made. Discounts are given for registrations made before February 28, 2019. A group discount can apply too. For information contact Mary Anne Kearns 519-578-6218 or mackearns@hotmail.com

DIOCESAN FUNCTIONS

ARE YOU SEPARATED AND/OR DIVORCED?

Has a separation or divorce caused you to feel upset, or like you are on a roller coaster? Would you like to minimize the impact on yourself and feel stronger? LEARNING TO COPE (Level 1) is a ten week support program offered in both Hamilton and Kitchener starting Tuesday, March 19 and running from 7:00 pm to 9:30 pm. The locations are as follows:

In Hamilton: At the Diocesan Chancery Office, 700 King St. W, Hamilton

In Kitchener: St. Francis of Assisi Parish, 49 Blueridge Avenue, Kitchener (Corner of Queen & Westmount Rd) 519-745-7301

For more information, please contact the Family Ministry Office at (905) 528-7988, ext. 2249. Cost: \$35. Have you already completed level 1, 2 or 3? Join the next level and continue the journey toward healing. Find out more on line at: www.hamiltondiocese.com under Upcoming Events

FOURTH ANNUAL DIOCESAN YOUTH RALLY

Youth Rally Registration is OPEN! The 2019 Youth Rally will take place on Saturday, May 25, 2019 at Bingemans Conference Centre in Kitchener. This year's theme, "According to Your Word" will challenge and engage youth in grades 7-12 in a day of Encounter and Prayerful Experience with all seven volumes of the Saint John's Bible, Heritage Edition. The day will consist of Keynote addresses, encounter experiences, Mass with His Excellency Bishop Crosby and so much more! For more information about the day and the full schedule of the day, please visit <http://www.hamiltondiocese.com/youthrally>



DIOCESAN WEDDING ANNIVERSARY MASS JUNE 9, 2019

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2019? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, June 9, 2019 at the Cathedral Basilica of Christ the King at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring 1 guest if you require assistance). Please refer to the

posters at the entrances of the parish for information on how to register for the celebration, or go to www.hamiltondiocese.com.

DIOCESAN NEWSLETTER

For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com.

OTHER FUNCTIONS

2019 WORLD DAY OF PRAYER

Services will be held in Kitchener, at the following Churches at the times stated on Friday, March 1st or Saturday, March 2nd, 2019:

Kitchener East Presbyterian Church, 10 Zeller Drive, at 2 PM, Friday, March 1st

St Francis of Assisi Catholic Church, 49 Blueridge Avenue, at 2 PM, Friday, March 1st

St Paul's Lutheran Church, 544 Bridgeport Road, at 2 PM, Friday, March 1st

St John the Evangelist Anglican Church*, 23 Water Street North, at 11 AM, Saturday, March 2nd [* please park on street or behind the School of Social Work (former St. Jerome's). Do not park at Shoppers Drug Mart or St Louis Learning Centre, as they will ticket you.] Refreshments follow all the services.

DEVELOPMENT AND PEACE:

Our Share Lent workshop has been rescheduled for Tuesday, February 26 at St. Michael's Church hall, 80 University Avenue West, Waterloo. It will begin at 7:30, with coffee and registration at 7:15pm. Please join us to learn more about this year's "Share the Journey" campaign. All are welcome.

LENTEN PREPARATION OUR LIFE IN COMMUNITY SAINT JOHN'S BIBLE REFLECTION

Join us Tuesday, March 12, 2019 7:30-9:00 pm St. Michael's Parish, Waterloo.

How do we understand 'community' in our modern world? How do we live as community in the Church? What can we learn from the early Christian community? Join us for a reflection on Our Life in Community through the lens of the illumination of the Saint John's Bible. Dr. Anne Jamieson, Director of Catechesis for the Diocese of Hamilton will lead us in this retreat steeped in the Word of God. This session will help guide us as we prepare for Easter.

Sponsored by St. Michael's CWL, we welcome all everyone (men and women). Feel free to bring a friend along too!

WOMEN'S LENTEN RETREAT WEEKEND

On the weekend of March 22nd – 24th, the centre team will preach a Lenten retreat on the theme: **EVERY GIFT REVEALS GOD'S LOVE: BUT NO GIFT REVEALS GOD'S LOVE MORE THAN THE GIFTS OF THE CROSS**. For further information or to register please call 905-278-5229.

BEST LENT EVER

This free email program from Matthew Kelly and Dynamic Catholic, will take you on an incredible forty-day journey toward the-best-version-of-yourself, helping you to discover simple ways to transform your life. Each day, you will receive an email with a short inspirational video to help you find areas to grow, build better habits and spark change in your life. To sign up, go to Dynamic.Catholic.com/Lent19

PARENTING TIP

Adults have experienced the growth and ultimate explosion of the internet/social media world, but for children it is the world in which they have grown. While it contributes to learning, we cannot be oblivious to its real dangers. Experts agree that most children have their first view of pornography between the ages of 8 and 11 yrs. of age; they usually stumble on it by accident on the internet. It is recommend that, in order to protect them, children under the age of 16 should not have unsupervised access to the internet - this includes on any computer, tablet, phone, TV, or gaming system. Being naïve about what your children are seeing will hurt them, so protect them. Talk about what is good and what is not and why. Give them the tools they need so that they will not be negatively impacted by the media world. (Family Ministry Office, 905-528-7988 ext. 2250)

MARRIAGE TIP

Time may be one of the most difficult entities to manage! Quality and quantity matter when it comes to any relationship, including marriage. The more time a couple spend together, in close physical proximity, the better the levels of intimacy they share. Plan time together, just the two of you, whether it be an early or late night coffee without the kids, dinner out, or some time away, being together matters! So, take the time to spend time together and you will reap the benefits. Family Ministry Office, 905-528-7988 ext. 2250)

NEW TO OUR PARISH? YOU ARE MOST WELCOME

If you are new to our community or just visiting, welcome to Blessed Sacrament Parish. We

encourage all new parishioners to register with the parish. Please pick up a registration package from the lobby, complete it and return it to the office or put it in the collection basket. We are most happy to have you join our Parish Family.